



IS YOUR CHILD

READY FOR K-CAMP?

K-Camp is a big and exciting step! To help ensure a positive, safe, and successful camp experience for every child, we ask families to **review the readiness checklist below**. These developmental markers help us determine whether a child is prepared for the structure and activities of a full camp day.

Please note: Children must be 4 years old prior to their first day of camp to be eligible for K-Camp. Reviewing these expectations can help set your child up for a confident and happy summer at the Y.

Developmental Readiness

- Follows 1–2 step directions.
- Communicates basic needs (bathroom, hunger, help).
- Participates in short group activities (5–10 minutes).
- Uses the restroom, washes hands, and handles simple self-care.
- Fully bathroom independent.
- Transitions between activities with guidance.

Emotional Readiness

- Able to separate from caregivers with minimal distress; counselors should not need to hold campers back once the group transitions.
- Expresses feelings using simple words.
- Accepts reassurance and redirection.
- Practices sharing and turn-taking with support.
- Does not need extended one-on-one attention.
- Remains with the group and returns promptly when a counselor asks.

Physical Readiness

- Comfortable with active play (running, climbing, playground).
- Can carry a small backpack or belongings.
- Follows basic safety cues (stop, body to self, stay within designated area, etc.).
- Handles a full day of activity with breaks, including extended outdoor time.

Mental Readiness

- Can focus for ~10 minutes at a time.
- Shows curiosity about new activities.
- Handles small routine changes with help.

Practical Readiness

- Keeps track of personal items with reminders.
- Drinks water when prompted.
- Understands camp is a full day of play, routine, and transitions.



IS YOUR CHILD READY FOR PIONEERS?

Camp is an exciting opportunity for growth at every age! To help ensure a positive, safe, and successful experience for all campers, we ask families to review the readiness checklist below. These expectations help determine whether a camper is prepared for the structure, independence, and activities of a full camp day.

Pioneers Group readiness checklist for children entering 1st & 2nd grades this fall.

Developmental Readiness

- Follows multi-step instructions.
- Participates in 15–25-minute group activities.
- Communicates clearly with adults and peers.
- Fully bathroom independent.
- Dresses appropriately for outdoor activities and changing weather.

Emotional Readiness

- Separates confidently from caregivers.
- Manages emotions with occasional support.
- Navigates peer interactions with guidance.
- Does not need extended one-on-one attention.
- Shows respectful behavior toward peers, counselors, and staff.
- Follows camp rules, boundaries, and instructions the first time.
- Handles wins and losses in games with good sportsmanship.
- Comfortable being away from home during the full day of camp.

Physical Readiness

- Participates safely in sports and outdoor play.
- Comfortable with a full day of activity with breaks, including extended outdoor time.
- Understands basic safety expectations (body to self, listening to counselors, always staying with designated group, respecting other campers and counselors, etc.).
- Applies sunscreen independently and correctly as needed.

Mental Readiness

- Stays engaged for 15–25 minutes.
- Shows willingness to try new things.
- Problem-solves with guidance.
- Communicates needs, concerns, or issues to counselors when necessary

Practical Readiness

- Manages belongings with occasional reminders.
- Recognizes when they need water or a rest.



IS YOUR CHILD READY FOR TRAILBLAZERS

Camp is an exciting opportunity for growth at every age! To help ensure a positive, safe, and successful experience for all campers, we ask families to review the readiness checklist below. These expectations help determine whether a camper is prepared for the structure, independence, and activities of a full camp day.

Trailblazers & Specialty Camps readiness checklist for children entering 3rd & 4th grades this fall.

Developmental Readiness

- Follows routines with little assistance.
- Handles group rotations and activity stations.
- Dresses appropriately for outdoor activities and changing weather.

Emotional Readiness

- Manages frustration with support.
- Advocates for themselves appropriately.
- Shows cooperation and respect.
- Shows respectful behavior toward peers, counselors, and staff.
- Follows camp rules, boundaries, and instructions the first time.
- Handles wins and losses in games with good sportsmanship.
- Comfortable being away from home during the full day of camp.

Physical Readiness

- Participates comfortably in more involved physical activities.
- Handles extended outdoor play.
- Understands basic safety expectations (body to self, listening to counselors, always staying with designated group, respecting other campers and counselors, etc.).
- Able to engage fully at camp without the use of personal screens.

Mental Readiness

- Engages in activities for 20–30 minutes.
- Adapts to schedule changes with minimal stress.
- Follows rules with consistency.
- Communicates needs, concerns, or issues to counselors when necessary

Practical Readiness

- Tracks personal belongings throughout the day.
- Manages lunch, water, and sunscreen more independently.
- Knows what items are allowed/not allowed at camp (screens: phones, tablets, trading cards, personal games, etc.).



IS YOUR CHILD READY FOR RIVER RIDERS

Camp is an exciting opportunity for growth at every age! To help ensure a positive, safe, and successful experience for all campers, we ask families to review the readiness checklist below. These expectations help determine whether a camper is prepared for the structure, independence, and activities of camp.

River Riders & Specialty Camp readiness checklist for children entering 5th & 6th grades this fall.

Developmental Readiness

- Follows detailed instructions and completes tasks responsibly.
- Dresses appropriately for outdoor activities and changing weather.

Emotional Readiness

- Manages peer conflict and teamwork maturely.
- Accepts feedback well.
- Shows interest in leadership and responsibility.
- Shows respectful behavior toward peers, counselors, and staff.
- Follows camp rules, boundaries, and instructions the first time.
- Handles wins and losses in games with good sportsmanship.
- Comfortable being away from home during the full day of camp.

Mental Readiness

- Engages for 30+ minutes depending on activity.
- Uses problem-solving independently.
- Understands and respects boundaries and safety rules.
- Communicates needs, concerns, or issues to counselors when necessary.

Physical Readiness

- Participates comfortably in high-energy or skill-based activities.
- Handles structured sports or group challenges.
- Understands basic safety expectations (body to self, listening to counselors, always staying with designated group, respecting other campers and counselors, etc.).
- Able to engage fully at camp without the use of personal screens.
- Applies sunscreen independently and correctly as needed.

Practical Readiness

- Manages belongings independently.
- Maintains hydration, safety, and self-awareness.
- Knows what items are allowed/not allowed at camp (screens: phones, tablets, trading cards, personal games, etc.).



IS YOUR CHILD READY FOR LEADERS CLUB

To help ensure a positive, safe, and successful experience for all campers, we ask families to review the readiness checklist below. These expectations help determine whether a camper is prepared for the structure, independence, and activities of a full camp day.

Leaders Club readiness checklist for children entering 7th-9th grades this fall.

Developmental Readiness

- Can arrive prepared each day with lunch/snacks, water bottle, and needed gear.
- Keeps track of personal items throughout the day without constant reminders.
- Manages personal hygiene needs (deodorant, sunscreen, handwashing, etc.).
- Dresses appropriately for outdoor activities and changing weather.

Social & Emotional Readiness

- Participates in group activities with a positive attitude.
- Handles wins and losses in games with good sportsmanship.
- Can resolve minor conflicts or disagreements respectfully.
- Communicates needs, concerns, or issues to counselors when necessary.
- Comfortable being away from home during the full day of camp.
- Stays hydrated and applies sunscreen without being prompted frequently.
- Takes responsibility for choices, actions, and behavior.
- Uses free time safely and appropriately (no mischief, rough play, etc.).

Emotional Readiness

- Shows respectful behavior toward peers, counselors, and staff.
- Demonstrates positive leadership or mentorship with younger campers.
- Follows camp rules, boundaries, and instructions the first time.
- Uses appropriate language and demonstrates good judgment in social situations.

Physical Readiness

- Comfortable participating in sports, outdoor play, and walking between camp areas.
- Understands personal limits and can ask for breaks when needed.
- Takes care of injuries/needs by getting help from staff right away

Practical Readiness

- Can follow the camp's daily schedule without frequent redirection.
- Knows what items are allowed/not allowed at camp (screens: phones, tablets, trading cards, personal games, etc.).
- Prepared to participate in special activities (swim days, field trips, theme days, etc.).
- Always stays with Counselors.
- Never alone with any staff, counselors or other campers.