



## West YMCA | October 25th - October 31st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lose to Win for Men - Weight Loss Program</b> <a href="#">Register Now</a>	1:00AM-2:00AM (Weight Loss)						1:00AM-2:00AM (Weight Loss)
<b>2016/17 Woodmoor - (f) Non-School Days</b> <a href="#">Register Now</a>	3:00AM-4:00AM (Before & After School Child Care)						3:00AM-4:00AM (Before & After School Child Care)
<b>2016/17 Woodmoor - (c) After Care</b> <a href="#">Register Now</a>	5:00AM-6:00AM (Before & After School Child Care)						5:00AM-6:00AM (Before & After School Child Care)
<b>A BOLD Backpacking Adventure: Discovery in the Olympics</b>	6:00AM-7:00AM (BOLD One-Week Expeditions)						6:00AM-7:00AM (BOLD One-Week Expeditions)
<b>2016/17 Northshore - Pre-K Child Care (4 - 5yrs)</b> <a href="#">Register Now</a>	7:00AM-8:00AM (Preschool Child Care)						7:00AM-8:00AM (Preschool Child Care)
<b>Nutrition Consultation - Initial</b> <a href="#">Register Now</a>	8:00AM-9:00AM (Health Improvement)						8:00AM-9:00AM (Health Improvement)
<b>BOLD Fishing and Backpacking in the North Cascades</b> <a href="#">Register Now</a>	8:00AM-9:00AM (BOLD One-Week Expeditions)						8:00AM-9:00AM (BOLD One-Week Expeditions)
<b>Climbing - Adult Rock Climbing - September</b> <a href="#">Register Now</a>	10:00AM-11:00AM (Climbing - Adult)						10:00AM-11:00AM (Climbing - Adult)
<b>Academic Success</b> <a href="#">Register Now</a>	10:00AM-1:00PM (Academic Success)						10:00AM-1:00PM (Academic Success)
<b>Climbing - Parent/Child Climbing - September</b> <a href="#">Register Now</a>	12:00PM-1:00PM (Climbing - Adult)						12:00PM-1:00PM (Climbing - Adult)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Kids Zone 4 wks -11 yrs</b> <a href="#">Register Now</a>		9:00AM-10:00AM (Kids Zone Activity Centers)	9:00AM-10:00AM (Kids Zone Activity Centers)				
<b>Birthday Party</b> <a href="#">Register Now</a>		2:00PM-3:00PM (Birthday Parties)	2:00PM-3:00PM (Birthday Parties)				
<b>AM Fit &amp; Fun</b> <a href="#">Register Now</a>		4:00PM-5:00PM (Academic Enrichment - Youth)	4:00PM-5:00PM (Academic Enrichment - Youth)				
<b>2016/17 Northshore-Preschool Child Care (30m-4yr)</b> <a href="#">Register Now</a>				1:00AM-2:00AM (Preschool Child Care)	1:00AM-2:00AM (Preschool Child Care)		
<b>Lose to Win - Weight Loss Program</b> <a href="#">Register Now</a>				2:00AM-3:00AM (Weight Loss)	2:00AM-3:00AM (Weight Loss)		
<b>2016/17 Woodmoor - (b) After Plus Care</b> <a href="#">Register Now</a>				4:00AM-5:00AM (Before & After School Child Care)	4:00AM-5:00AM (Before & After School Child Care)		
<b>BOLD Cascade Challenge</b> <a href="#">Register Now</a>				5:00AM-6:00AM (BOLD One-Week Expeditions)	5:00AM-6:00AM (BOLD One-Week Expeditions)		
<b>2016/17 Sunrise - (a) Before and After Care</b> <a href="#">Register Now</a>				6:00AM-7:00AM (Before & After School Child Care)	6:00AM-7:00AM (Before & After School Child Care)		
<b>BOLD Rivers and Rocks</b> <a href="#">Register Now</a>				7:00AM-8:00AM (BOLD One-Week Expeditions)	7:00AM-8:00AM (BOLD One-Week Expeditions)		
<b>ACT! Actively Changing Together</b> <a href="#">Register Now</a>				9:00AM-10:00AM (Health Improvement)	9:00AM-10:00AM (Health Improvement)		
<b>Earth Service Corps About YESC</b> <a href="#">Register Now</a>				9:00AM-10:00AM (Earth Service Corps)	9:00AM-10:00AM (Earth Service Corps)		
<b>Climbing - Adult Rock Climbing - October</b> <a href="#">Register Now</a>				11:00AM-12:00PM (Climbing - Adult)	11:00AM-12:00PM (Climbing - Adult)		
<b>Climbing - Parent/Child Climbing - October</b> <a href="#">Register Now</a>				1:00PM-2:00PM (Climbing - Adult)	1:00PM-2:00PM (Climbing - Adult)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Youth Cooking - Future Chefs</b> <a href="#">Register Now</a>					10:00AM-10:00AM (Cooking Classes)	10:00AM-10:00AM (Cooking Classes)	
<b>2016/17 Bellevue: No School Days - Package Option</b> <a href="#">Register Now</a>					3:00PM-4:00PM (Before & After School Programs)	3:00PM-4:00PM (Before & After School Programs)	