

Y GYMNASTICS™

We build strong kids, strong families, strong communities.



Grand Traverse Bay YMCA
1100 Woodmere
Traverse City, MI 49686

This is not a TCAPS program

Grand Traverse Bay YMCA Recreational Gymnastics classes will meet once a week for 6 weeks (except Advanced 2 Flyers which meets twice each week), beginning the week of June 21 and ending the week of July 26. PreTeam and Team classes are ongoing with monthly payment plan. Some classes require coach recommendation for enrollment. Phone Y Gymnastics at 929-2869 for more info, or visit www.gtbayymca.org.

Boys & Girls ages 1 - 3 (w/parent)

Y Members: \$25 non-Members: \$49
 ___ Mon 9:00 am ___ Wed 9:30 am
 ___ Thurs 10:00 am (all classes 45 minutes)

Boys & Girls ages 3 - 4

Y Members: \$25 non-Members: \$49
 ___ Mon 9:00 am ___ Wed 9:30 am
 ___ Wed 5:00 pm ___ Wed 6:00 pm
 ___ Thurs 10:00 am (all classes 45 minutes)

Boys & Girls ages 5 - 6

Y Members: \$25 non-Members: \$49
 ___ Mon 9:00 am ___ Wed 9:30 am
 ___ Wed 5:00 pm ___ Wed 6:00 pm
 ___ Thurs 10:00 am (all classes 45 minutes)

Boys Only ages 7 & up Rollers

Y Members: \$30 non-Members: \$54
 ___ Wed 6:00 pm (all classes 55 minutes)

Beginner Girls ages 6 & up Rollers

Y Members: \$30 non-Members: \$54
 ___ Mon 9:00 am ___ Mon 5:00 pm
 ___ Tue 10:00 am ___ Tue 5:30 pm
 ___ Wed 9:30 am ___ Wed 5:00 pm
 ___ Wed 6:00 pm (all classes 55 minutes)

PARENTS PLEASE NOTE:
Y Gymnastics is a progressive program. To assure the best and safest coaching for your child and other children, class placement by our coaches is necessary.

Int Girls ages 5 & up Swingers

Y Members: \$30 non-Members: \$54
 (coach recommendation required)
 ___ Mon 10:00 am ___ Mon 6:00 pm
 ___ Tue 9:00 am ___ Tue 6:30 pm
 ___ Wed 9:30 am ___ Wed 5:00 pm
 ___ Wed 6:00 pm (all classes 55 minutes)

Int ages 6 & up 2 hour group

Y Members: \$46 non-Members: \$70
 (coach recommendation required)
 ___ Mon 9:30 am ___ Wed 9:30 am
 ___ Wed 5:00 pm (all classes 2 hrs)



Advanced 1 Kippers

Y Members: \$46 non-Members: \$70
 (coach recommendation required)
 ___ Mon 5:30 pm ___ Wed 9:30 am
 ___ Wed 5:00 pm (all classes 2 hours)

Advanced 2 Flyers

Y Members: \$76 non-Members: \$100
 (coach recommendation required)
 choose any two times
 ___ Mon 5:30 pm ___ Wed 9:30 am
 ___ Wed 5:00 pm (all classes 2 hours)

Pre-Team Levels 1-3 (4 hrs) Flippers

Y Members: \$66/mo non-Members: \$80/mo
 ___ Tues & Thurs 9:00 am - 11:00 am

Pre-Team Levels 4 (6 hrs) Twisters

Y Members: \$84/mo non-Members: \$98/mo
 ___ Tues & Thurs 9:00 am - Noon

Pre-Team Levels 4-5 (9 hrs) Twisters

Y Members: \$98/mo non-Members: \$112/mo
 ___ Mon, Tues, Thurs 9:00 am - Noon

Team Level 5 (12 hr)

Y Members: \$120/mo non-Members: \$134/mo
 ___ Mon, Tues, Thurs 9:00 am - 1:00 pm

Team Levels 5-6 (16 hr)

Y Members: \$164/mo non-Members: \$178/mo
 ___ Mon - Thurs 9:00 am - 1:00 pm

Team Levels 8-10 (20 hr)

Y Members: \$210/mo non-Members: \$224/mo
 ___ Mon - Thurs 9:00 am - 2:00 pm

PRIVATE LESSONS AVAILABLE
 Y Members: \$36/hr Non-Members: \$42/hr

BIRTHDAY PARTY RENTALS AVAILABLE
 Please call Betsy at 929-2869 for info!

Name _____ Male/Female Address _____
 Age _____ Grade _____ Birthdate _____ City _____ State _____ Zip _____
 Mother's Name _____ (Home) _____ (Work) _____ Current Y Member?: Yes/No
 Father's Name _____ (Home) _____ (Work) _____ Member Exp Date _____

Liability Release, Sportsmanship Pledge, and Understanding of Mission: I hereby assume all risks incidental to the above person's participation and waive, release, absolve, indemnify, and agree to hold blameless the Grand Traverse Bay YMCA, its organizers, volunteers, sponsors, and other participants for any claim arising out of injury to said person during such participation. I give my permission to the Grand Traverse Bay YMCA for this registrant to appear in photographs, videotapes, etc. associated with YMCA programs. PARENTS: Our staff is trained in child abuse prevention and all sign a code of conduct. Please report any suspicious activity immediately. *I will at all times display the YMCA values of honesty, respect, caring, and responsibility and encourage all gymnasts and coaches in a positive manner. I understand the Y mission in offering this program: to build strong kids, strong families, and strong communities.*
 Signed _____ Date: _____

For Office Use Only:
Date received _____ **Received by** _____ **Amount received** _____
Method of payment: cash check VISA/MC# _____ **Expiration Date** _____