



West Therapy Pool Open Swim

Therapy Pool: Open Swim @ West YMCA

June 10th - August 27th

3700 Silver Lake Rd.
Traverse City, MI 49684
(231) 486-6357

	MON	TUE	WED	THU	FRI	SAT	SUN
10am	Open Swim 10am - 11:30am		Open Swim 10am - 11:30am		Open Swim 10am - 11:30am		
12pm		Open Swim 12pm - 9pm		Open Swim 12pm - 9pm		Open Swim 12pm - 5:30pm	Open Swim 12pm - 5:30pm
1pm	Open Swim 1pm - 4pm		Open Swim 1pm - 4pm		Open Swim 1pm - 9pm		
8pm	Open Swim 8pm - 9pm		Open Swim 8pm - 9pm				

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.