



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Central "Puddle" Open Swim Schedule

"The Puddle" @ Central YMCA

September 6th - May 31st

1213 W Civic Center Dr  
Traverse City, MI 49684  
(231) 933-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
12pm						Open Swim 12pm - 3:45pm	Open Swim 12pm - 3:45pm
1pm		Open Swim 1pm - 4pm		Open Swim 1pm - 4pm			
6pm	Open Swim 6pm - 7pm		Open Swim 6pm - 7pm		Open Swim 6pm - 7:45pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.