



Central Open "Puddle" Swim

"The Puddle" @ Central YMCA

June 10th - September 3rd

1213 W Civic Center Dr
Traverse City, MI 49684
(231) 933-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
7am						Open Swim 7am - 12pm	
10am		Open Swim 10am - 7:45pm		Open Swim 10am - 7:45pm	Open Swim 10am - 7:45pm		
12pm	Open Swim 12pm - 7:45pm		Open Swim 12pm - 7:45pm				

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.